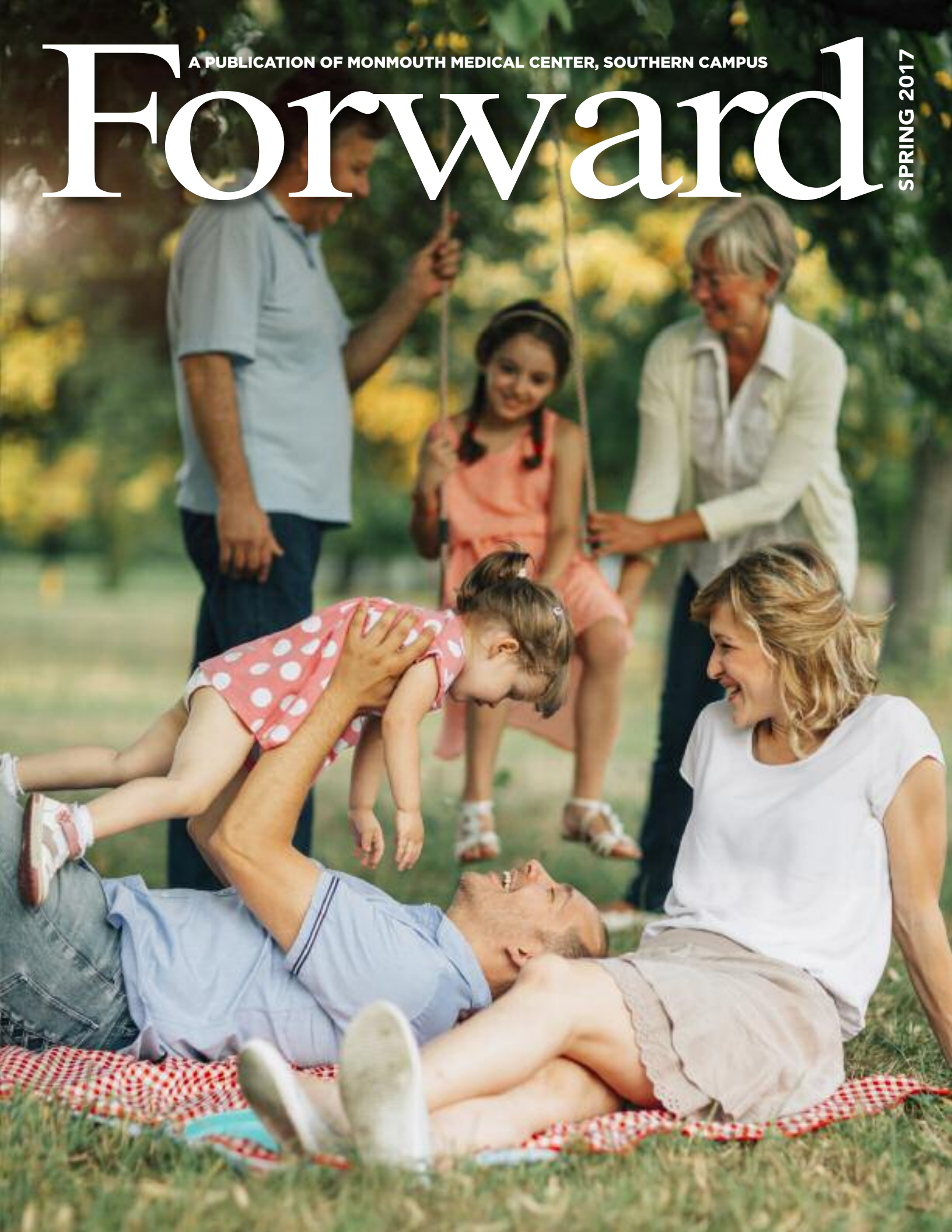


A PUBLICATION OF MONMOUTH MEDICAL CENTER, SOUTHERN CAMPUS

Forward

SPRING 2017



Inside Forward

SPRING 2017



Hyperbaric Oxygen Therapy

8

2

James and Sharon
Maida Geriatrics
Institute

4

Jacqueline M. Wilentz
Breast Center at
MMCSC

10

Compassionate Care
Impresses Patients and
Families

12

Caring for Shingles and
Much More

16

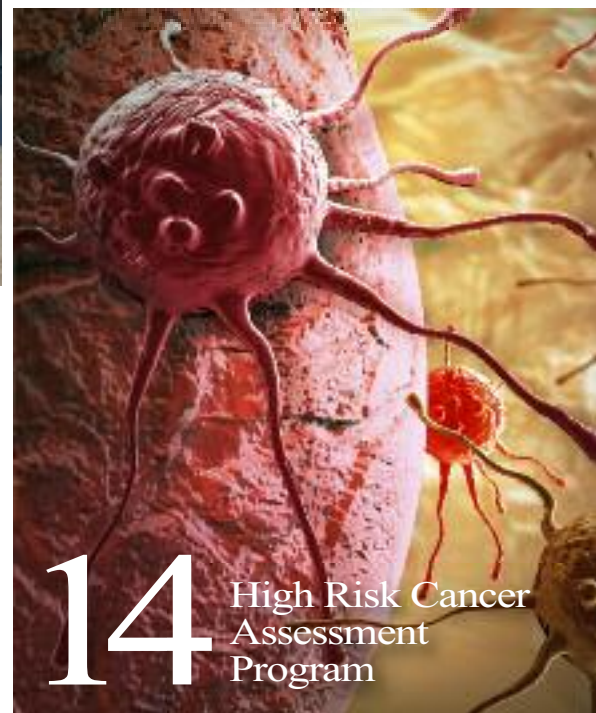
Free Shuttle Service
Between MMC and
MMCSC

17

Physician Network
Enhances Patient Care



6
Exceptional
Cancer Care



14
High Risk Cancer
Assessment
Program

Forward is a publication of Monmouth Medical Center, Southern Campus. Articles and stories contained in **Forward** are intended for general information. Always consult a physician for personalized medical care.

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barnabashealth.org/mmcsc

**Monmouth
Medical Center
Southern Campus**

**RWJBarnabas
HEALTH**

Welcome

2016 was a busy year for Monmouth Medical Center, Southern Campus (MMCSC) and RWJBarnabas Health and we're thrilled to have been able to share it with all of you. As many of you now know, Barnabas Health and Robert Wood Johnson Health System have united to create the most comprehensive health care system in the state, RWJBarnabas Health. This merger is advancing the health of our diverse communities by creating a statewide network of coordinated, high-quality and culturally competent care.

This merger brings specific benefits to Monmouth Medical Center, Southern Campus and the region we serve. Community members who seek treatment at MMCSC now have seamless access to a comprehensive continuum of care offered by the RWJBarnabas Health system, which includes 11 acute care hospitals, three children's hospitals, a pediatric rehab hospital, an extensive outpatient network, and physician practices and medical groups.

MMCSC recently completed the final phase in a major three-phase project that started in 2015. This project began with a full revamp of our main lobby, continued when we converted to all private rooms and came to fruition with the ribbon cutting and unveiling of our new River Avenue Pavilion entrance in November.

In addition to these renovations, we've also made several other enhancements to provide superior service to Lakewood and the surrounding region. The creation of the Better Health Senior Membership Program, which provides seniors VIP access to social programs, health education, preventive screenings and more, now boasts more than 1,500 members. This free program offers preferred physician scheduling with appointments guaranteed within 48-hours of placing the call, reserved parking at MMCSC's Outpatient Pavilion, easy access to pre-register for upcoming services and an expedited registration process in addition to special programs and services including exercise classes, physician lectures, educational lunch-and-learns, and concerts. We've also established a growing partnership with Bikur Cholim that has enabled us to provide free shuttle services for patients, visitors and guests between our facility and Monmouth Medical Center in Long Branch.

We recently opened our one-of-a-kind James and Sharon Maida Geriatrics Institute, which provides integrated inpatient and outpatient geriatric services for patients 65 and older. The third floor of MMCSC will house the inpatient, outpatient and community education aspects of geriatric medicine in one location while the new Jacqueline M. Wilentz Breast Center is now stationed in our Outpatient Pavilion. The newly enhanced breast center, which was relocated from its offsite location to a spot within hospital walls now offers breast screening mammography, diagnostic mammography, breast surgery consultation and high-risk cancer assessment along with services provided by fellowship-trained breast surgeon, Manpreet K. Kohli, MD.

I sincerely appreciate the trust you have put in Monmouth Medical Center, Southern Campus to care for you and I look forward to growing more together in 2017.



Frank J. Vozos, MD, FACS
Executive Vice President, RWJBarnabas Health
Chief Executive, Monmouth Medical Center, Southern Campus



James and Sharon Maida Geriatrics Institute Serves Needs of Region's Older Adults

The highlight of Monmouth Medical Center, Southern Campus' (MMCSC) comprehensive plan to address the needs of the area's growing senior population recently came to completion with the unveiling of the facility's new James and Sharon Maida Geriatrics Institute. The only program of its kind in the region, the Institute will provide integrated inpatient and outpatient services to patients 65 and older – improving ease of access while enhancing MMCSC's interdisciplinary approach to caring for the community's elderly population.

Pictured at left (From left to right): Frank J. Vozos, MD, FACS, executive vice president, RWJBarnabas Health, and chief executive, MMCSC; Amy Mansue, president of Southern Region, RWJBarnabas Health; Joan Wills, regional assistant vice president of Geriatrics, MMC & MMCSC; Jessica L. Israel, MD, regional director of Geriatrics and Palliative Care, MMC and MMCSC; Denice Gaffney, vice president of Development, MMCSC Foundation; Sharon and James Maida.

“As nearly one in seven Americans is 65 or older, we know these older adults disproportionately represent the majority of health care consumers. Our mission in establishing the James and Sharon Maida Geriatrics Institute is to meet the many diverse needs and complex health issues of these patients and their families,” said Jessica L. Israel, MD, regional director, Geriatrics and Palliative Care, Monmouth Medical Center and Monmouth Medical Center, Southern Campus. “The completion of the Institute complements our existing programs and services and furthers our vision of creating a destination for outstanding care with a focus on promoting better health for our aging patients.”

Quality, Cost-Effective Care

With the goal of providing quality-driven, safe, efficient, responsive and cost-effective health care services and education, while meeting the needs of this growing group of patients and families, the nearly 5,000-square-foot Institute features clinical exam rooms, administrative offices, a conference space for transitions-in-care meetings and private space for caregivers and families.

Housed on the third floor of the hospital, the inpatient, outpatient and community health education aspects of geriatric medicine are located in one area, making treatment convenient for patients and their families. Physical therapy, occupational therapy and speech and hearing professionals are also located on the

floor to accommodate the needs of aging patients as they transition from inpatient to outpatient care. A newly designed community education space provides a physical location for community-based awareness programs, allowing for the expansion of educational outreach efforts.

Dedicated to Meeting the Unique Needs of Older Adults

According to U.S. Census Bureau data from 2015, 22 percent of Ocean County residents were age 65 and older. In response, MMCSC has implemented a number of programs and services focusing on the older adult population.

Introduced in 2014, the Geriatric Emergency Medicine (GEM) Unit was developed to create an atmosphere that addresses the complex needs of aging patients in emergency care. Patients visiting the GEM Unit have access to an interdisciplinary team of specially trained geriatric medicine caregivers who work with referring physicians and a dedicated pharmacist and consult with a board-certified geriatrician.

In 2015, MMCSC opened the Acute Care for Elders (ACE) Unit, a single-room inpatient unit exclusively for patients 65 and older that utilizes an interdisciplinary approach to collaboratively develop a patient-centered care plan. This model of care features proactive identification and management of geriatric syndromes, frequent interdisciplinary team rounds, daily interaction with board-certified geriatricians who communicate regularly with a patient's primary care physician and more one-on-one time with physicians and nurses – all with an emphasis on patient dignity and comfort.



Jessica L. Israel, MD, regional director, Geriatrics and Palliative Care, Monmouth Medical Center and Monmouth Medical Center, Southern Campus.

Accessing Services

Patients can enter the James and Sharon Maida Geriatrics Institute via a number of ways. Those seeking primary care at the geriatrics outpatient practice can do so by simply requesting an appointment or receiving a referral from a physician for a consultation. The geriatrics consultation team can work alongside primary care physicians to help patients age in the most successful way possible. Admission to the Acute Care for Elders (ACE) Unit and discharge back to the outpatient setting from ACE Unit can be easily facilitated, providing a seamless transition in care. Patients treated as inpatients are accepted through a number of other units internally at Monmouth Medical Center, Southern Campus, as well as transfers from other facilities. The Institute's multidisciplinary team is available for outpatient care, inpatient care and community and family education.

For more information on the James and Sharon Maida Geriatrics Institute or to learn more about our other Senior Services, call 732.886.4700.

Source for stat:
(<http://www.census.gov/quickfacts/table/PST045215/34029>)

Same Great Care, Better Location: Jacqueline M. Wilentz Breast Center at MMCSC



To enhance breast health services of area patients, the Monmouth Medical Center, Southern Campus (MMCSC) Jacqueline M. Wilentz Breast Center was recently relocated to the main hospital. Services now include breast screening mammography, diagnostic mammography, breast surgery consultation and high risk cancer assessment.

Manpreet K. Kohli, MD, a fellowship-trained, board certified breast surgeon with Barnabas Health Medical Group, is now providing patients with comprehensive breast care, including prevention, detection and treatment. Known for her medical and surgical expertise, Dr. Kohli has a significant interest in the diagnosis and treatment of patients with malignant diseases.





Manpreet K. Kohli, MD, is a fellowship-trained, board-certified breast surgeon with Barnabas Health Medical Group.

"The Center's location will be more convenient to our patients who will now also benefit from the expertise of Dr. Kohli," said Frank J. Vozos, MD, FACS, executive vice president, RWJBarnabas Health and chief executive, Monmouth Medical Center, Southern Campus.

Dr. Kohli is also affiliated with the Jacqueline M. Wilentz Comprehensive Breast Center at Monmouth Medical Center. Before joining MMCSC, Dr. Kohli served as a general surgery resident and then chief resident of general surgery at Monmouth Medical Center in Long Branch. During her tenure as chief resident, Dr. Kohli received the prestigious Dr. Cyril S. Arvanitis Award for conducting her work with dependability, efficiency and promptness.

Dr. Kohli is passionate about preventive breast screenings. "As one in eight women get breast cancer, with 75 percent of these cases occurring in women with no family history or risk factors, it's imperative for women to receive annual mammograms starting at age 40," says Dr. Kohli. "Women with a family history of breast cancer should begin annual mammograms 10 years younger than the age of the person in their family who was diagnosed. We're now able to diagnose and treat sooner, allowing each woman individualized care that is best suited for them."

comprised of two very high risk groups: the mature aging population and the Ashkenazi Jewish population.

"Breast cancer risk increases as a woman gets older and Ashkenazi patients have a higher likelihood of inheriting the BRCA mutation, which can predispose to breast cancer (1 in 40)," says Dr. Kohli. "I'm hoping to bring high-quality breast care to this area so that patients can get the same quality of care many think is only available in New York – right here in their own community."

Dr. Kohli earned her medical degree from Kasturba Medical College (Manipal University), India and completed her breast surgical oncology fellowship at Mount Sinai's St. Luke's Roosevelt and Beth Israel Medical Center in New York City. She is a member of the American College of Surgeons, American Society of Breast Surgeons, American Society of Clinical Oncology, American Medical Association, American College of Physicians and Association of Women Surgeons.

For more information or to make an appointment, call 732.923.7700.



Exceptional Cancer Care in the Neighborhood

By looking at 49-year-old Tina Pilot, she seemed to be the picture of good health. The star softball player in high school was in the best shape of her life and rarely got sick. But, her active lifestyle kept her busy, and it had been nine years since she had a mammogram.

After listening to friends who were giving her a hard time about her lapse in screening and volunteering at a Bras for a Cause fundraising event in support of breast and cervical cancer, Tina scheduled her mammogram at Community Medical Center's Women's Imaging Center.

Upon reviewing Tina's test results, Jorge Pardes, MD, diagnostic radiologist, was concerned, and he recommended she have a biopsy for further testing. The biopsy results were positive – Tina had triple positive breast cancer.

On December 21, 2015 – two months to the day of her biopsy – Tina underwent a lumpectomy at Community Medical Center performed by Sumy Chang, MD, a board-certified breast surgeon, affiliated with Monmouth Medical Center and Community Medical Center. During the procedure, which is less invasive than a mastectomy, Dr. Chang removed the lump in Tina's breast and some of the healthy tissue surrounding it.

Because of the type of breast cancer Tina was diagnosed with, her course of treatment required chemotherapy. Initially, Tina saw Seth Cohen, MD, board-certified medical oncologist and regional medical director of oncology clinical research for the Outpatient Infusion Center at Monmouth Medical Center, Southern Campus (MMCSC), but she wanted a second opinion.

So, Tina made the trek to New York City for an appointment with an acclaimed breast surgeon. Much to Tina's peace of mind, she was told to continue with her course of treatment and her team of Drs. Pardes, Chang and Cohen – they were smart, impressive physicians who would take good care of her.

Tina was at ease. "Every time another procedure needed to be done, I felt like I was with the right person and in the right hands," she says. Although she was concerned, Tina ultimately found comfort at Monmouth Medical Center, Southern Campus for her chemotherapy treatments.

"There is a reason people go running to Dr. Cohen," says Tina. "He is simply the best. After using Monmouth Medical Center, Southern Campus for outpatient infusion, I would recommend any friend or family member come here before going anywhere else."

Susan, a close friend of Tina's who supported her through her breast cancer journey, echoed Tina's sentiments. "After seeing the level of care provided to Tina, my perception of Monmouth Medical Center, Southern Campus has totally changed. This would be my first choice."

With her last chemotherapy treatment behind her, the now 50-year-old is beyond grateful for the care she received during her visits to the Outpatient Infusion Center. "I can't explain how good the nurses and Dr. Cohen were to me," says Tina. "Everyone was so compassionate and made my life easy during one of my darkest hours. From the moment I walked into my first chemo, the nurses made me feel as if I would get through this with ease. They feel like part of my family now."

For more information on MMCSC's Cancer Services and Outpatient Infusion Unit, call 732.886.4833.





Left Photo: Austin Reid and Harry Filinuk, Hyperbaric Oxygen Therapy Technician, MMCSC.

Right Photo: Austin Reid with grandmother, Vita Hansen, and mother, Amy Hall.

Hyperbaric Oxygen Therapy Does Wonders for Local Teen

In some ways, Austin Reid is your typical 15 year old. The Southern Regional High School sophomore is on the cross country and track teams and enjoys watching *The Walking Dead*. However, there's one thing that sets her apart from most teens her age.

Austin has undergone several surgeries on her toe area of her left foot due to macrodactyly, a rare condition that can affect the feet and the hands, causing the toes or fingers to be abnormally large due to the overgrowth of the underlying bone and soft tissue.

During her first surgery, performed at another hospital in October 2014, Megan Lubin, DPM, removed the additional bone length in Austin's left big toe and inserted "hardware" to allow the bone to heal. Eight months later, she underwent a second surgery to remove the hardware and care for the tissue on her toe.

Following surgery, things took a turn for the worse as Austin experienced excruciating pain and her toe began to turn black. Her family began to be concerned Austin was going to lose her toe. But, when they turned to Dr. Lubin and her colleague Girish Nair, DPM, for guidance, they were quickly connected with Monmouth Medical Center, Southern Campus' (MMCSC) Wound Center for hyperbaric oxygen therapy (HBOT).

HBOT is a medical treatment prescribed by a doctor to enhance the body's natural healing process. Through this treatment, the patient is put in a specially designed chamber filled with oxygen that's about two and a half times greater than the normal pressure in the atmosphere. During HBOT therapy, an individual breathes 100 percent pure oxygen while inside a pressurized chamber. This "hyperbaric" or high pressure dose of oxygen helps the blood carry more oxygen to organs and connective tissues to promote wound healing. HBOT also activates the white blood cells to fight infection.

Amy Hall, Austin's mother, called the MMCSC Wound Center and was able to get an appointment the next day. "I was grateful that the turnaround time from my initial call to Austin's appointment was so quick. We were so nervous that the longer we waited, the worse her prognosis would be, so immediate attention to our needs was essential during that time," says Amy.

From July 8 through October 2, Austin received a total of 60 HBOT treatments - one HBOT treatment per day, five days a week, two hours a day. She also continued seeing Dr. Lubin, sometimes as many as two times a week. Prior to HBOT treatment, a simple car ride would cause too much pain. After Austin's first HBOT treatment she already felt noticeably better.

Despite treatment requiring so much time, Amy and Vita Hansen, Austin's grandmother, both felt



comfortable leaving Austin at the Wound Center for treatments when they had to go to work or run errands as they knew she was in good hands and would be taken care of appropriately. “We could always count on someone at the Wound Center to help Austin upon arrival and make sure she received the care she needed,” says Amy.

“The Wound Center staff went above and beyond to try and work around my class schedule,” says Austin. “We weren’t sure whether or not I was going to have to be homeschooled during this time so it was such a relief that I was able to participate in my freshman year.”

In August 2015 Austin had a follow-up surgery at MMCSC to remove more tissue and bone. Fortunately, this time, Austin did not experience any negative side effects and she resumed HBOT treatment.

Amy and Vita, note that coming to the Wound Center was just like being with family. “We knew they really cared about not only Austin and her recovery but that they cared about us as well,” continues Amy. “On Austin’s birthday, they decorated her dressing room with pictures of Walking Dead zombies – such a little, silly thing but it really showed they cared.”

Harry Filinuk, Hyperbaric Oxygen Therapy Technician, and Cheryl Munroe, Program Director of the Wound Care Center, recall Austin as one of their favorite patients even though her sarcastic sense of humor made her a “troublemaker” at times.

“It makes it all worthwhile to help someone like Austin – she was so young and upbeat it was tough to see her in so much pain, but her recovery makes it that much better,” says Harry.

Austin was so impressed with the level of care she received at MMCSC’s Wound Center that she finds herself comparing every other doctors’ and dentists’ office to MMCSC and the personal experience she received here.

“Dr. Lubin and Dr. Nair worked together so well with the team at MMCSC to care for Austin and help her heal. After being at MMCSC and experiencing the services, there is no doubt MMCSC is the best choice for treatment,” says Amy.

For more information or to make an appointment at the MMCSC Wound Care Center, call 732.886.4100.

Compassionate Care Impresses Both Patients and Families

Unexpected trips to the hospital can be unsettling. But, when Lakewood resident Bob Hertzendorf brought his beloved wife Phyllis in for emergency treatment, he was immediately impressed by the level of care and compassion.

When Phyllis' heart rate dropped and she began sweating, her husband of 65 years was understandably concerned. Phyllis suffers from atrial fibrillation, also known as AFib, an irregular heartbeat that can lead to serious heart-related complications, such as blood clots and stroke.

When Phyllis and Bob arrived in the Geriatric Emergency Medicine (GEM) Unit at Monmouth Medical Center, Southern Campus, Bob was able to breathe a sigh of relief. The GEM Unit was developed in an effort to create an atmosphere that meets the unique health care needs of aging patients in a variety of ways – the result being efficient, safe, specialized medical care for older adults.

“From the time we arrived in the ambulance, the care was exemplary,” says Bob. “Phyllis means the world to me and to witness the way the staff at Monmouth South treated my wife with such tender, loving care truly

touched me. It was as if they were caring for their own mother.”

In addition to providing high-quality medical expertise, Bob found each and every staff member at the facility to be friendly and informative.

“When you are in the hospital, it makes such a difference to have someone with a friendly smile

surprised with her private room – not only was it near the nurse's station, but there were accommodations for him to stay with her.

“In the 18 years we have lived in Lakewood, we have seen the hospital change and grow. With significant updates in the last few years, we are more confident than ever in the medical care provided so close to home,” says Bob. “We



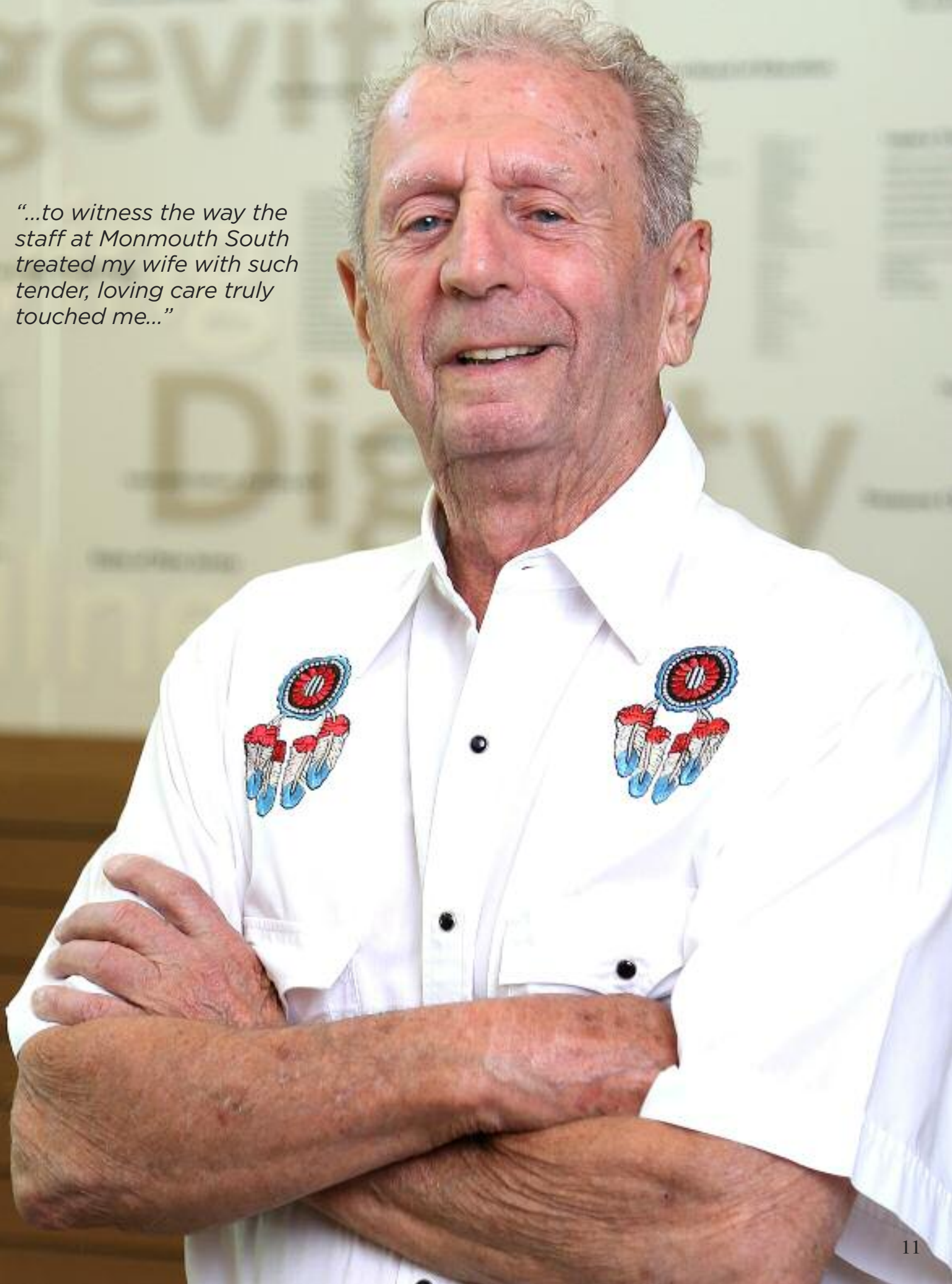
caring for you,” he says. “The attention the staff paid to my wife's emotional state surely made Phyllis' physical healing much faster.”

Like many, Bob admits he's not fond of surprises. But when Phyllis was admitted for further treatment, he was pleasantly

are proud to encourage our friends and neighbors to visit Monmouth Medical Center, Southern Campus.”

For more information on the Geriatric Emergency Medicine (GEM) Unit, call 732.886.4525.

*“...to witness the way the
staff at Monmouth South
treated my wife with such
tender, loving care truly
touched me...”*



CARING FOR
SHINGLES
AND SO MUCH
MORE

“I’ve seen a large change in this hospital just within the past year... I have been and will continue to be recommending Monmouth Medical Center, Southern Campus to all of my friends because I know they will be treated with the same dignity and respect I was given during a very scary time.”



Better Health Member, Bernadette DeFalco, 78, could not say more about the outstanding service she received in the Monmouth Medical Center, Southern Campus (MMCSC) Emergency Department. On the day after Easter she was caring for her daughter in New York who had just undergone surgery for a C6 and C7 disc herniation when she started to feel pain radiating from her neck down her arm. She teased her daughter that she had caught the pain from her but as the day went on she knew it was more serious than any joke. By the end of the day she knew she needed to be home in Lakewood and by the following day her husband of 58 years, Joe, was driving her to the MMCSC Emergency Department (ED).

When Bernadette arrived at the hospital in an immense amount of pain she was ushered to an ED room and a medical work-up began immediately. An X-ray was done to make sure the pain wasn’t related to her bones, but ultimately the physician’s initial

thought was correct and Bernadette was diagnosed with shingles, a viral infection that causes a painful rash. Bernadette recalls that the pain felt as though she was being hammered from the inside out from her shoulder to her thumb. Although she’s given birth to five daughters and endured three open heart surgeries, Bernadette says that shingles was by far the worst pain she’s ever had. Although the pain was excruciating, she feels that she couldn’t have asked for a better place to be than Monmouth Medical Center, Southern Campus.

“From the moment I checked in at the reception desk to the time I was discharged everyone was so wonderful,” Bernadette said. “I felt as though my own children or grandchildren were caring for me, making sure I was comfortable and informed during the entire process. When you’re in the hospital feeling sick and afraid it makes such a difference to have a friendly face and a caring smile at all times.”

After several weeks of recovery, Bernadette is back on her feet playing bocce, rummy and mahjong in the clubhouse at The Fairways. She recognizes this is not the case for many shingles’ sufferers, and thanks MMCSC for the care she received while in the hospital, as it has allowed her to get back to her active lifestyle. Bernadette plans to continue her relationship with MMCSC by using their outpatient services such as blood draw and the newly renovated Jacqueline M. Wilentz Breast Center for her next mammogram.

“I’ve seen a large change in this hospital just within the past year,” Bernadette said. “I’m very happy with the service I received and I’m grateful for the proximity to my home. I have been and will continue to be recommending Monmouth Medical Center, Southern Campus to all of my friends because I know they will be treated with the same dignity and respect I was given during a very scary time.”

For more information on the MMCSC Emergency Department, call 732.886.4525.

High Risk Cancer Assessment Program Offers Genetic Testing and Counseling

Knowledge is power, especially when it comes to knowing your risk of certain types of cancer.

Monmouth Medical Center, Southern Campus (MMCSC) offers a High Risk Cancer Assessment Program that is designed to evaluate, educate and closely monitor those at high risk for developing cancer. Created for individuals and families who are concerned about their risk of developing cancer due to their personal and family history, environmental factors and lifestyle choices, its main goal is to educate and provide cancer screening and prevention recommendations for individuals at high risk for developing the disease.

"We help people who are at high risk for cancer make informed health care decisions by providing them with appropriate medical and genetic information, social support and resources," says Sherry Grumet, M.A., M.S., L.C.G.C., a licensed board-certified oncology genetic counselor who runs the program.

Grumet provides genetic testing and counseling to patients and their families for all types of cancers in Lakewood, Long Branch and Howell. The most common types of cancers that patients present with for genetic counseling are breast, ovarian, uterine and colon cancer.

"Patients come to us with a variety of scenarios," says Grumet. "They may have a family history of breast, ovarian, colon or uterine cancer, or have been recently diagnosed with cancer and want to find out if they are at risk for additional cancers or if their siblings or children are also at risk due to a genetic mutation."

In addition, ancestry may play a role in the risk for cancer as well. In the U.S., breast cancer is slightly higher among Ashkenazi Jewish women, and this increased risk is likely due to the high prevalence of BRCA1 and BRCA2 gene mutations that can lead to breast and ovarian cancer. Among Ashkenazi Jewish men and women, about one in 40 have BRCA1/2 mutations.* This is nearly 10 times the rate of the general population risk, making Ashkenazi Jewish families more susceptible to hereditary breast and ovarian cancer.

Those with a high risk for cancer due to a family history or the discovery of a genetic mutation are recommended to have additional cancer screenings at an earlier age than the average person. For example, a woman who has a mother who was diagnosed with

breast cancer at the age of 40 or who has a mutation in a breast cancer gene may need to start getting regular mammograms at 30 instead of the normally recommended age of 40. In addition to a mammogram, they are recommended to have additional screenings such as breast MRI and clinical breast exams. Risk-reducing surgeries, such as mastectomy, hysterectomy or oophorectomy (ovary removal), may also be an option for those at high risk.

"We make sure our patients are well informed about their test results, cancer risks and their options for screening and risk reduction so they are equipped to make informed decisions regarding their health care," says Grumet.

For more information or to make an appointment in Lakewood or Howell, please call 732.923.6513.

* Source: Susan G. Komen article/Struewing JP, Hartge P, Wacholder S, et al. The risk of cancer associated with specific mutations of BRCA1 and BRCA2 among Ashkenazi Jews. *N Engl J Med.* 336: 1401-8, 1997.

** <http://www.cancer.gov/about-cancer/causes-prevention/genetics/risk-assessment-pdq>

A detailed 3D illustration of cancer cells. A large, prominent cell on the left has a highly irregular, bumpy surface and several long, thin, hair-like projections extending from it. To its right and slightly lower, there is a smaller, more rounded cell with a smoother surface and shorter projections. Below that, another cell is visible, characterized by a distinct, multi-lobed nucleus. The background is a warm, golden-yellow gradient, suggesting a microscopic environment.

Are you at high risk for cancer?

The following are factors that suggest hereditary cancer**:

- Unusually early age of cancer onset (e.g., premenopausal breast cancer).
- Multiple primary cancers in a single individual (e.g., colorectal and endometrial cancer).
- Bilateral cancer in paired organs or multifocal disease (e.g., bilateral breast cancer or multifocal renal cancer).
- Clustering of the same type of cancer in close relatives (e.g., mother, daughter, and sisters with breast cancer).
- Cancers occurring in multiple generations of a family (i.e., autosomal dominant inheritance).
- Occurrence of rare tumors (e.g., retinoblastoma, adrenocortical carcinoma, granulosa cell tumor of the ovary, ocular melanoma, or duodenal cancer).
- Unusual presentation of cancer (e.g., male breast cancer).
- Uncommon tumor histology (e.g., medullary thyroid carcinoma).
- Rare cancers associated with birth defects (e.g., Wilms tumor and genitourinary abnormalities).
- Geographic or ethnic populations known to be at high risk of hereditary cancers (e.g., Ashkenazi Jewish heritage and BRCA1/BRCA2 mutations).



Free Shuttle Bus Service Between Campuses for the Community

The Monmouth Medical Center shuttle now provides patients a convenient way to access the care and support they need at either location.

Local residents now have access to a shuttle bus that will transport patients, visitors and guests back and forth from Monmouth Medical Center, Southern Campus (MMCSC) to Monmouth Medical Center (MMC), thanks to a partnership between Bikur Cholim and the two health care facilities.

Open free of charge to those in the community, the shuttle provides easy access for those in need of a ride to get to either campus or to travel between campuses. Bikur Cholim, which translates to “visiting the sick” in Hebrew, will provide the vehicle service to operate the van.

“We are committed to building healthier communities,” said Frank J. Vozos, MD, FACS, executive vice president, RWJBarnabas Health and chief executive, Monmouth Medical Center, Southern Campus. “This shuttle will give patients an opportunity to access the care and support they need at either location, as well as make commutes for visitors and guests much easier.”

The shuttle will run twice daily from MMCSC to MMC making two public stops in the community. The first shuttle will pick up and drop off community members in the morning with the second doing the same in the early evening.

“The need for transportation between Monmouth Medical Center and Monmouth Medical Center, Southern Campus is constantly growing,” said Yehudah Kasziner of Bikur Cholim. “Now with the direct shuttle between campuses, in addition to regular shuttle services, transportation is no longer a cause for concern in the community.”

The shuttle will also offer door-to-door services to local residents in the Lakewood and Long Branch communities. This service, which will require advance reservations, will provide transportation from one’s residence to either of the hospitals. No reservation is necessary to catch the van from Monmouth Medical Center or Monmouth Medical Center, Southern Campus.

For more information or to make a reservation for door-to-door shuttle service, please contact 866.905.3020.

Pictured above (left): Jonathan Tango, vice president of Operations, MMCSC; Frank J. Vozos, MD, FACS, executive vice president, RWJBarnabas Health, and chief executive, MMCSC; Yehudah Kasziner, administrative director, Bikur Cholim; Yosef Saslow, director of Development, Bikur Cholim; and, additional representatives from Bikur Cholim.

Physician Network Enhances Patient Care



Mukaram Gazi, MD



Eva Mehta, DO



Patrick C. Lee, MD



Andrew Harrison, MD

Mukaram Gazi, MD, is a board-certified, exceptionally skilled, minimally invasive surgeon providing patients with the highest quality adult and pediatric urologic care. As Chief of Urology in the Department of Surgery, Dr. Gazi is a leader in treating the full range of urinary tract and male reproductive disorders, including erectile dysfunction, urinary incontinence, stone diseases, enlarged prostate (BPH) and urologic cancers (prostate, bladder and kidney). He has also been recognized for his work with bladder dysfunction and surgical treatment for erectile dysfunction.

Dr. Gazi, in private practice since 2001, works with Dr. Parvez Mahmood, Dr. Alexander Gotesman and Dr. Imani Rosario. The physicians at University Urology Associates are all on staff at Monmouth Medical Center, Southern Campus and are devoted to providing cutting-edge compassionate care to their patients.

Dr. Gazi's expertise has earned him recognition as one of America's Top Urologists by Consumer's Research Council of America and Castle Connolly Medical, Ltd., and as a repeat New Jersey Monthly Top Doctor. Dr. Gazi earned his medical degree from University of Miami School of Medicine in Miami, FL. He completed his residency at Robert Wood Johnson Medical School in New Brunswick and a fellowship at Yale University School of Medicine in New Haven, CT and robotic training at Carolinas Medical Center change to: University in Charlotte, NC.

For more information or to schedule an appointment with Dr. Gazi, please call 1.888.724.7123.

Eva Mehta, DO, board certified in internal medicine, is a primary care physician with Barnabas Health Medical Group who has privileges at Monmouth Medical Center, Southern Campus.

Dr. Mehta provides many services including: adult medicine, wellness physicals, annual female exams, sick visits and immunizations. She takes great pride in creating personalized treatment plans and treatment options for her patients.

Dr. Mehta earned her Doctor of Osteopathic Medicine degree from Lake Erie College of Osteopathic Medicine in Erie, PA. Serving as Chief Resident, she completed an internal medicine and pediatrics residency at Newark Beth Israel Medical Center in Newark. She is a member of the American College of Physicians, American Medical Association, and Central Jersey ACO, where she serves as a member of the clinical practice committee. Dr. Mehta is also certified in cardiac life support, basic life support and neonatal resuscitation.

For more information or to schedule an appointment with Dr. Mehta, please call 1.888.724.7123.

Patrick C. Lee, MD, board-certified in internal medicine and hematology and oncology, is a physician with Barnabas Health Medical Group and affiliated with Monmouth Medical, Southern Campus. His clinical interests include blood and cancer disorders, myeloma, lymphomas and lung, colorectal, pancreatic and liver cancers.

Dr. Lee earned his medical degree from Robert Wood Johnson Medical School in New Brunswick. He completed his residency at Robert Wood Johnson University Hospital and a hematology and oncology fellowship at George Washington University Medical Center in Washington, D.C.

Dr. Lee is a member of the American College of Physicians, American Society of Hematology and American Society of Clinical Oncology.

For more information or to schedule an appointment with Dr. Lee, please call 1.888.724.7123.

Andrew Harrison, MD, is a board-certified orthopaedic physician specializing in sports medicine with locations in Ocean and Monmouth Counties. He serves as the chief of the section of orthopedics in the Department of Surgery at Monmouth Medical Center, Southern Campus.

Dr. Harrison has extensive experience in orthopedics as well as sports and work-related injuries, including knees, shoulders, elbows and ankles. He earned his medical degree from University of Pennsylvania School of Medicine in Philadelphia and completed his internship and residency at Howard University Hospital in Washington, D.C.

Dr. Harrison completed a sports medicine fellowship at the Hospital for Joint Diseases Orthopaedic Institute in New York City. While there, he was responsible for managing and treating a comprehensive range of sports-related injuries.

Dr. Harrison is a member of the American Academy of Orthopaedic Surgeons, New Jersey Orthopaedic Society and the Alumni Association NYU Hospital for Joint Diseases, Department of Orthopaedic Surgery.

For more information or to schedule an appointment with Dr. Harrison, please call 1.888.724.7123.

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